

# Guidelines for Selecting and Using ISTA® Test Procedures & Projects



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### PREFACE

The International Safe Transit Association (ISTA) is a global alliance of shippers, carriers, suppliers, testing laboratories, and educational and research institutions focused on the specific concerns of transport packaging. We help our members control costs, damage, and resources during the distribution of packaged-products by:

1. Creating and publishing laboratory preshipment Testing Procedures
2. Certifying Packaging Laboratories
3. Certifying Packaging Laboratory Professionals
4. Certifying packaged-products
5. Providing education, training, and support.

**OUR MISSION** is to provide economic and environmental benefits by helping our members prevent product damage and over-packaging during the physical distribution of goods.

**OUR VISION** is "Just Right Transport Packaging" - packaging which meets the protective needs of the product, as well as meeting the economical and environmental needs of the product's shipper and user. This Just Right Packaging is designed and certified against Just Right preshipment testing which adequately simulates the hazards of actual transportation/distribution.

**These Guidelines are intended to provide the user of ISTA® Test Procedures and Projects and other ISTA documents with insight and information on the protocols, and what factors to consider in selection, use, and results interpretation.**

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# Guidelines for Selecting and Using ISTA® Test Procedures & Projects

## GETTING STARTED

Following are four straightforward suggestions to improve protective packaging effectiveness and move toward Just Right Transport Packaging.

### 1. Test the Package.

If you are not regularly using a laboratory package performance test, start now. Even a simple lab test used wisely is preferable to trial and error or total reliance on field experience. 

### 2. **Know Your Distribution Environment.**

Find out more about how products move, including the variety of channels used to move your goods. If you are a supplier to shippers, help them explore this information. Use this knowledge to identify sources of distribution hazards and observe or measure them. Use this knowledge to reduce exposure to hazards of distribution, to help specify the performance of packages, and to select an appropriate laboratory test protocol.


### 3. Continuously Review and Improve.

Distribution hazards change, as do packaging materials. Review and retest even the most successful designs periodically. Rapid situation changes, such as new markets or distribution strategies, require immediate attention.

### 4. **Stay Up to Date.**

Take every opportunity to learn more about your products and distribution, learn about new technologies and procedures, and exchange knowledge with others who have similar concerns. Educational opportunities such as the international forum on transport packaging, Dimensions, are a good source of update. The ISTA® Certified Packaging Laboratory Professional (CPLP) program is another excellent educational and recognition tool. Find out more from ISTA Headquarters or visit [www.ista.org](http://www.ista.org).

## TESTING RATIONALE

The need for testing comes from the difficulty of predicting what will happen in large-scale operations, coupled with the requirement to make decisions prior to implementation. Essentially, every test comes from the need to make a decision. The test results provide the decision-maker with information to help maximize correct decisions. The decisions supported by preshipment performance testing of transport packaging are typically about how well the package will protect the contents during distribution. 

Testing can also be a mandated activity as part of a package development, new product release, or engineering modification. This testing may be driven by organizational policy (corporate specification, for example), by regulatory application (testing of packaging for hazardous materials and dangerous goods, for example), or by customer requirements (purchase specification, for example). While these situations usually have little flexibility in test selection, they are still in the broad category of supporting decisions on packaging suitability.

Other types of tests are available but a detailed treatment is outside of the scope of this document. Material tests seek to characterize material performance for the use in design and development, such as cushion curves. Engineering tests seek to find a specific performance quantity, such as the deceleration experienced by a product in a package when dropped from some height, as in an instrumented drop test.

## TESTING EXPECTATIONS AND OBJECTIVES

An important consideration in the selection of a test protocol is the objective of running the test, i.e., what information is needed to make the decision associated with this test. Broadly put, these specific objectives for each test might be categorized simply as screening or prediction.

A screening test would be used to avoid serious problems in shipment, usually damage to the product. This test objective category is a common one, and can adequately fill the needs of many users. Screening tests give the user confidence that the chances of serious transport damage have been minimized. Screening tests have the following general characteristics:

- *simple and inexpensive to perform*
- *widely available and accepted*
- *utilize simple equipment*
- *accommodate known and suspected severe hazards*
- *are not necessarily a simulation of the hazards of distribution*
- *achieve damage resistance by challenging the strength and robustness of the product and package (a strong product/package resists damage).*

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Prediction is a more difficult expectation for a preshipment performance test. While screening seeks to avoid serious problems, prediction must allow the user to foresee more subtle effects, such as minor damage, occasional damage, or non-functional problems with the package. In an ideal prediction situation, the test samples and representative samples of distributed products would be indistinguishable. This is not always entirely possible given the technology mix available today, but it is approachable.

Prediction allows the user to fine-tune cost and environmental impact as well as helping to avoid damage of all types. By testing incrementally reduced cost and material-content designs, the near-optimum configuration could be achieved. Prediction might also allow the user to design a package for a repeatable low level of damage, consistent with an objective of lowest overall system cost. Without a good prediction test to represent field performance, this trade-off of package cost and damage cost would be largely guesswork.

## TESTING AS A DEMONSTRATION OF MINIMUM USE OF PACKAGING

ISTA tests establish lower limits for packaged-product performance, but in general do not set upper limits. Therefore, used in their most straightforward pass/fail fashion, ISTA tests do little to detect over-packaging situations. However, with the addition of a "reduce to damage" or "pass with minimum margin" approach, ISTA testing can be used for the demonstration of minimum use of packaging. "Reduce to damage" means that if a packaged-product passes the test it must be redesigned with less packaging and tested again until an optimum level is reached. "Pass with minimum margin" might involve subjecting a packaged-product which has passed the test to increased severity levels, determining when damage does occur, and then verifying that those levels are not overly excessive.

A "reduce to damage" or "pass with minimum margin" protocol employing screening tests should be used with extreme caution. Since screening tests may not well represent actual field exposure in either intensity or type, the tests cannot be readily shown or proven to have a good relationship to the field damage. Using screening tests can perhaps be effective if coupled with a program of field monitoring and feedback after package redesign. But the far better approach is to use tests which provide a good actual simulation of the distribution hazards.

## LABORATORY TESTS AND DISTRIBUTION HAZARDS

Four basic categories of hazards exist in distribution: Shock, Vibration, Compression, and Atmospheric. Each hazard category is reflected in an ISTA laboratory test type, although not all ISTA® Procedures and Projects include all test types. Within each test type are sub-types of more specific tests that are used to simulate specific hazards in distribution. The following table summarizes these relationships.

Distribution Hazard	Major Test Category	Associated Test Types
Handling Drop and Impact	Shock	<b>Drop</b> <ul style="list-style-type: none"><li>• free-fall</li><li>• rotational</li><li>• on hazard</li><li>• hazard impact</li></ul> <b>Incline Impact</b> <b>Horizontal Impact</b> <b>Vertical Impact</b>
Transportation Vibration	Vibration	<b>Fixed Displacement</b> <ul style="list-style-type: none"><li>• rotary</li><li>• vertical linear</li></ul> <b>Variable Displacement</b> <ul style="list-style-type: none"><li>• vertical</li><li>• horizontal</li></ul> <b>Random</b> <ul style="list-style-type: none"><li>• vertical</li><li>• horizontal</li><li>• multi-axis</li></ul>
Warehousing Stacking Load	Compression	<b>Static (dead load) Machine</b> <ul style="list-style-type: none"><li>• apply &amp; release</li><li>• apply &amp; hold</li></ul>
Atmospheric Conditions	Atmospheric	<b>Temperature</b> <ul style="list-style-type: none"><li>• soak</li><li>• cycle</li></ul> <b>Humidity</b> <ul style="list-style-type: none"><li>• soak</li><li>• cycle</li></ul> <b>Pressure</b> <ul style="list-style-type: none"><li>• soak</li><li>• cycle</li></ul>

**Table 1**  
Hazard Categories and Test Types

It is important to note that test protocols can evaluate the effectiveness of packaging only for hazards represented in the protocol. For example, a test procedure that does not include a compression test is unable to evaluate a packaged product's resistance to warehouse stacking loads. By knowing the distribution environment in detail (see Getting Started, above), users can select an appropriate test to evaluate the performance of packaging in light of all known hazards. Without this selection process, real hazards may not be addressed as part of a package's protective ability, and significant damage could result in spite of a test being passed.

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## TYPES OF ISTA TESTS

ISTA test protocols that have been approved by the Board of Directors on recommendation of the Technical Council are given the designation "Procedure." Those test protocols that have been approved for further or continuing use and review, before final approval, are called "Projects." Member labs may use either Procedures or Projects for Package Certification by performing the test protocol with the package passing, and forwarding a completed Report to ISTA Headquarters, except in the case of non-certification procedures that are clearly delineated in their introductions. Shippers

who are ISTA members may cause the package to carry the ISTA® Certification Mark (ISTA arrows, also referred to as the Seal) and the package is considered as Certified. Displaying the ISTA® Transit Tested Seal on a distribution package indicates that the packaged-product has passed the particular ISTA protocol. It does not necessarily have a connection to damage claim payments, but shippers that display the Seal are certainly in a better negotiating position.

**ISTA has organized its test protocols into Series, as follows:**

### **1 Series:**

#### **Non-Simulation Integrity Performance Tests.**

Challenge the strength and robustness of the product and package combination. Not designed to simulate environmental occurrences. Useful as screening tests, particularly when used as a consistent benchmark over time.

### **2 Series:**

#### **Partial Simulation Performance Tests.**

Tests with at least one element of 3 Series type General Simulation performance tests, such as atmospheric conditioning or mode-shaped random vibration, in addition to basic elements of a 1 Series type Non-Simulation Integrity test.

### **3 Series:**

#### **General Simulation Performance Tests.**

Designed to provide a laboratory simulation of the general damage-producing motions, forces, conditions, and sequences of transport environments. Applicable across broad sets of circumstances, such as a variety of vehicle types and routes, or a varying number of handling exposures. Characteristics will include simple shaped random vibration, different drop heights applied to the sample package, and/or atmospheric conditioning such as tropical wet or winter/frozen.

*1 Series protocols can reasonably be expected to be screening tests, with an increasing expectation of predictability through Series 5. Whether this is true in any specific case needs to be evaluated by comparing lab and distribution results. This important validation process should be a part of each user's normal operations.*

### **4 Series:**

#### **Enhanced Simulation Performance Tests.**

General Simulation test with at least one element of Focused Simulation, such as test sequence or condition linked to actual known distribution. Project 4AB, an Enhanced Simulation Test Plan Generator, is currently under development by ISTA. It closely ties the tests and sequence to a user-defined pattern of distribution, and includes a broad range of current and quantitative information on distribution environment hazards. So the Focused Simulation elements are test-tailoring to individual situations, and usage of up-to-date and specific hazard profiles and parameters. Project 4AB is be a web-based application which generates customized test plans; most of the complexity is handled "behind the scenes" without burdening the user. See the Project 4AB section of the ISTA® website ([www.ista.org](http://www.ista.org)) for more details.

### **5 Series:**

#### **Focused Simulation Guides.**

Designed to provide a laboratory simulation based on actual field-measured and observed hazards and levels. Measured hazards will typically include complex shaped random vibration, multi-tiered drop height distribution, temperature and humidity extremes and/or cycling, and dynamic or static compressive loads. 5 Series are not performance tests per se, but Guides to the creation of Focused Simulation user-defined tests.

### **6 Series:**

Reserved for the future expansion of the ISTA® Test Series. Not currently in use.

### **7 Series:**

#### **Development Tests.**

These tests are used in the development of transport packages. They can be used to compare relative performance of two or more container designs, but are not intended to evaluate the protection afforded packaged-products.

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## SPECIALIZED TEST PROTOCOLS DEVELOPED BY ISTA

While a packaged-product weight range identifies many protocols, several ISTA® Projects and Procedures have been developed in response to specific needs of members and the larger packaging community. These include tests for specific distribution modes, such as small parcel delivery and bagged shipments, for package types, such as unitized loads and reusable containers, and for specific product types, such as furniture. All of these are criteria for selection of a test. Test protocols are continuously being worked on and developed by ISTA members and staff, so it is important to keep informed. The latest versions of all tests are available on the ISTA® website, and may supersede those printed in the Resource Book. Table 2 shows one way of organizing and describing current Projects and Procedures.

Since the beginning of 2006, Procedure 3A for Parcel Delivery System Shipment supersedes the previous Procedures 3C (Packaged-Products for Parcel Delivery System Shipment) and 3D (Small Packaged-Products Bagged in Parcel Delivery System Shipments) and is now the preferred General Simulation test for this type of distribution. It uses latest information and data to configure the drop, random vibration, top load, and other tests and conditions. 3A also overlaps with Procedures 2D

(Flat Packaged-Products for Parcel Delivery System Shipment) and 2E (Elongated Packaged-Products for Parcel Delivery System Shipment), although the 3A requirements reflect General Simulation rather than the 2-Series Partial Simulation approaches.

## COMPANY-SPECIFIC TEST PROTOCOLS

ISTA is instituting a system of Company-Specific tests - modifications or variations of ISTA® Procedures to suit the unique purposes of specific organizations. They will be largely tailored by the requesting organization, but will be reviewed, approved, and formally adopted by ISTA. They will be given unique designations, and made available either on a limited basis or generally, as determined by the originating company.

A typical use for company-specific tests might be by a large retailer, to establish performance-based packaging requirements for its suppliers and vendors.

## SPECIAL CONSIDERATIONS FOR ISTA® PROCEDURES AND PROJECTS

### Safety

Safety of personnel is a serious and all-important requirement when running ISTA® Test Procedures. Many of the test types used in ISTA procedures are inherently dangerous, involving massive moving objects and test system components. Each laboratory must have a well-designed safety program and monitor tests and conditions to insure safety from injury. Extra care must be taken when testing heavy items, when handling dry ice or any chemical, and when load stability may become an issue.

Distribution Type	Package Type				
	Individual Packages		Unitized	Bulk	Reusable
	up to 150 lbs. (68 kg)	over 150 lbs. (68 kg)			
<b>Any</b>	1A, 1C, 1G 2A 2C (Furniture)	1B, 1D, 1H 2B 2C (Furniture)	1E 3E	3H 7C	7A 7B
<b>Specialized Furniture</b>	2C	2C	Not Applicable	Not Applicable	Not Applicable
<b>Parcel Delivery</b>	2D (Flat Packages) 2E (Elongated Packages) 3A 7D (Thermal)	Not Applicable	Not Applicable	Not Applicable	Not Applicable
<b>Distribution Center to Retail</b>	3F	Not Applicable	Not Applicable	Not Applicable	Not Applicable

**Table 2**  
Test Protocols



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## KNOW YOUR DISTRIBUTION ENVIRONMENT

An important step in the selection and use of ISTA® Procedures and Projects is the user's familiarity with the actual distribution environment for the packaged products under test. Understanding the flow of packages, how they are shipped and handled and stored, is critical to test selection and results interpretation. Users should regularly observe package distribution, both in the manufacturer's facility and in warehouses, transportation facilities, vehicles and customer locations. In some cases, users may use measurement instruments and techniques to determine vibration, drop, compression, or temperature levels during distribution. This detailed knowledge, observation, or measurement may be very useful in test selection, for example, the use of an individual package test protocol instead of or in addition to a unitized load test protocol when loads are broken down during distribution.

## PRODUCT DAMAGE TOLERANCE AND PACKAGE DEGRADATION ALLOWANCE

Before testing begins, a determination must be made as to the definition of damage to products and packages. This determination must include any allowable damage to the product and any allowable change in package condition. These determinations are made to allow the evaluation of packaged-product specimens after performance of all tests, and assignment of pass or fail results. When possible, these determinations should be quantitative in nature to minimize results interpretation. Use of product quality standards, user acceptability information, and other data is encouraged.

ISTA Procedures and Projects specify that the shipper make the determination of appropriate product damage and package degradation. In many cases, the shipper of products is the manufacturer of those products and is an entity that is concerned for safe arrival of the shipment, low damage rates and cost effective packaging; in short, a stake-holder or principal interested party in safe transit. Additionally, the shipper/manufacturer is usually in the best position to define product damage due to detailed familiarity with product functionality. In some cases, however, the actual shipper may occupy some other role in the distribution system, such as third-party logistics firm, wholesaler, or intermediate party. In

this situation, the determination of product damage tolerance and package degradation allowance should be made by the principal interested party or by cooperation among interested parties. In many cases, others may contribute to these determinations, including carriers and test lab personnel.

## FACE, EDGE AND CORNER IDENTIFICATION

ISTA® Procedures and Projects use a system of identification for parts of a test specimen package in order to simplify the test sequence and documentation process. Occasionally, users may face the challenge of testing a packaged product that does not fit an identification scheme easily. For example, a package with a hexagonal cross section could have six vertical faces, a top and a bottom. In these situations, the user is advised to develop a logical identification system that fits the test specimen in question, and to document both the identification system and the orientations for all tests conducted. The specified number of drops and drop heights shall be maintained as well as other test levels, and how these tests were applied to the test specimen shall be documented.

## SAMPLES

Most ISTA® Procedures and Projects require a minimum of one packaged-product to be tested. A single "pass", however, does not provide high confidence that other identical packaged-products will also pass the same test. This is due to inherent variation in packaging materials, package components, and the package contents as well as other statistical considerations. ISTA generally recommends replicate testing, using new samples each time. Having three successful tests of identical packaged products helps improve the assurance; five or more are recommended when possible. Even ten successful replicate tests, however, do not guarantee that all future tests will also be successful.

There is no definite rule about appropriate sample size; it may depend on the purposes of testing, the desired confidence level, and the availability of samples. ISTA® Procedures and Projects specify a minimum number of samples required to run the test and achieve package Certification. In addition, a recommendation for replicate testing is generally made. ISTA's policy is that if any sample fails any of the tests, then the entire test is considered failed.

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The additional testing time for larger sample sizes need not be a barrier to better test technique. For example, most vibration test systems will allow the user to test many packages simultaneously, thus saving considerable time. In this way, a sample size of five would have essentially the same elapsed time for vibration testing as a sample size of one.

Occasionally, proper samples are not available to meet minimum requirements for a test protocol. The use of non-functional dummy products is not allowed in most cases, but samples with minor, identifiable damage, such as minor surface scratches, may be acceptable. The key is: when the test is complete, can we determine if the product was damaged according to the Product Damage Allowance statement developed before testing began?

Another technique is to re-use a product for several test sequences with appropriate inspection to insure that the product has not been damaged. The user must be cautious to not re-use a product that has become more susceptible to damage due to prior testing. In this way, one product and three packages could be used to achieve a sample size of three. The test would be run three times, re-packaging the single available product each time.

## RETESTING

ISTA test protocols should be repeated periodically or as necessary to maintain the quality characteristics of the packaged product on arrival. In addition, tests must be repeated whenever there is a change in the product, the package, or the process. Some changes are not included in this requirement, but only if the change is not associated with potential performance in any way.

### Changes in the product can include changes in:

- Design (configuration, components, accessories, etc.)
- Size / weight (dimensions, shape, mass, center of gravity, etc.)
- Materials (type, construction, fabrication, gage, etc.)

### Changes in the package can include changes in:

- Configuration (individual package or unit load, container type and sub-type, style, design, interior packaging, etc.)
- Size / weight (dimensions, shape, mass, caliper, gage etc.)
- Materials (corrugated, plastic, metal, glass, etc.)
- Components (closures, labels, straps, pallets, skids, wraps, etc.)

### Changes in the process can include changes in:

- Manufacturing / assembly (vendor, location, automation, etc.)
- Filling (equipment, speed, automation, etc.)
- Distribution system (parcel delivery, LTL, intermodal, etc.)

When there is any doubt as to whether a change will potentially affect performance, retesting should be done. Determining when retest is required may involve knowing and tracking specification details of both the package and the product, such as new or changed components, materials, interior packaging, closure methods, etc.

Changing the grade of the corrugated board in the box definitely requires retest, even in those situations where carrier regulations imply the "equivalence" of two grades of corrugated (such as 200 psi burst and 32 lb/in ECT grades). In many instances, corrugated from these two grading systems will be different in construction and performance and thus must be retested on a grade change. Basis weights (weight per unit area) of corrugated board constituents have been shown to be good indicators of box equivalence or change. If the basis weights change, even if the board is rated for the same performance, a retest is appropriate. It is therefore strongly recommended that the measurement and documentation of basis weights in accordance with TAPPI (Technical Association for the Pulp and Paper Industry) T410 and TIP 0308-01, FEFCO (European Federation of Corrugated Board Manufacturers) Testing Method No. 10, ISO

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(International Organization for Standardization) EN 536, ASTM D646, or other accepted industry standard accompany every packaged-product test where corrugated packaging is involved.

Retesting is also strongly recommended when distribution channels change, as this may mean a different test protocol. An example is the opening of an e-commerce business (to replace or supplement traditional retail distribution) that involves significant shipments direct to customer by small parcel carriers.

## REPEATED TESTING

The issue of product returns, especially in specialized channels such as e-commerce, catalog sales, TV sales and similar distribution, is an important one. Return rates for non-traditional retailing have been shown to often be much higher than traditional retailing distribution. Returns happen for many reasons and are not all damage related. Accordingly, a package must be capable of both initial distribution (source to customer) and return distribution (customer to source) in these cases. Consider requiring a sample product and package to be subjected to additional testing when expected return rates are high or other marketing and distribution factors indicate increasing significance of returns.

## LINE EXTENSION POLICY

In some cases, and for ISTA members only, ISTA approves a limited amount of testing to represent more extensive testing. For example, a line of products with 30 models may be able to be certified by testing less than 30 packaged-products. This technique applies when the models and packages are very similar. Use of this technique for certification requires prior approval by ISTA staff, and is considered on a case-by-case basis. Contact ISTA Headquarters for additional information and to discuss your specific needs.

## IDENTIFICATION OF PRODUCT AND PACKAGE TESTED

Whether reporting test results to ISTA for Certification or approval, or documenting the test for future reference or a customer report, identifying the test sample is vitally important. Product description should include product name, brand, model number, serial number, place and date of manufacture, and similar information. It is strongly recommended that photographs, detailed drawings, and/or complete

specifications of the product and any included accessories accompany the report.

Package description must also be detailed and specific and should include type, style and material of packaging; corrugated board composition; cushion details including performance; film gage and composition; application or package forming details; mold numbers; any pallet or skid; unitization method for unit loads; methods of closure, etc. It is strongly recommended that photographs, detailed drawings, and/or complete specifications of both exterior and interior packaging accompany the report.

## TEST PARAMETER TOLERANCES

ISTA test protocols generally do not include tolerances on test parameters such as drop height, compression force, vibration time and intensity, etc. In all cases the requirements given are considered minimums; i.e., no variation or tolerance below the stated values is allowed. If any particular test in a test sequence is below the required minimum, that test does not count and must be repeated.

## ADDITIONAL CONSIDERATIONS

**The following items are specific to certain Procedures, Projects, or tests:**

**Incline Shock and Horizontal Shock.** Note that when conducting an incline shock test, the parameter measured and controlled is the impact velocity. When conducting a horizontal shock test, the parameter to monitor and control is velocity change. Horizontal shock should be programmed to short duration nominal half-sine pulses unless otherwise instructed in the Procedure. Durations around 10 milliseconds are desirable if practical.

**Conditioning.** Conditioning is usually thought of as atmospheric conditioning. In ISTA® procedures, other hazard types may be used as conditioning as well, such as compression conditioning (see Procedure 1C) or drop conditioning (see Procedure 7D). When using any hazard type to condition a specimen, the objective is not to see how the specimen performs during that conditioning, but rather, to prepare the specimen for a subsequent test which will be used for performance evaluation. Conditioning situations are appropriately identified in ISTA® procedures.



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**Compression Loads/Forces and Vibration Top Loads.** Compression loads/forces in the Procedures and Projects are generally calculated from the weight and number of identical packages which could be stacked on the test package in actual distribution, or a stacking density of nominally 200 kg/m<sup>3</sup> (12 lb/ft<sup>3</sup>) for mixed loads. These values are then multiplied by Compensating Factors to account for effects not tested, such as atmospheric conditions, stacking patterns, long-duration loading, etc.

**For Procedure 3A,** the vibration top loads were determined by empirical testing that resulted in correlation between damage in the test lab and damage in the field. It was found that top loads representing average load densities of nominally 200 kg/m<sup>3</sup> (12 lb/ft<sup>3</sup>) caused unrealistic failures during lab testing. By experiment, proper correlation was found at 100 kg/m<sup>3</sup> (6 lb/ft<sup>3</sup>).

## SUGGESTED STEPS FOR SELECTING A TEST PROTOCOL

ISTA suggests consideration of the following items when selecting a test protocol.

- Test rationale: required, experimental, decision supported.
- Test objective and expectation: screening, prediction, cost and environmental reduction, comparison to an alternative, or demonstration of a minimum use of packaging.
- Test Series: Non-Simulation Integrity, General Simulation, Focused Simulation, Developmental, or combinations.
- Resources: equipment, budget, time frame, expertise, experience, past history.
- Package type: weight, configuration, application.
- Distribution type: unspecified or varied, special. Know your distribution environment.

## REMINDERS FOR USE OF ISTA TEST PROTOCOLS

- Use care in selecting the right test for the situation. In some cases, more than one test should be run and results compared. Field testing (trial shipments) may be used as an adjunct to lab testing.
- **Use the current test.** ISTA® Projects and Procedures are continuously being reviewed, updated and expanded. New and revised tests are available on the ISTA website at [www.ista.org](http://www.ista.org) and may supersede those in the Resource Book.
- **Use representative samples.** Both products and packages should be as close as possible to actual production items. In some cases this may mean testing a product and package early in the development cycle and then later when production products are available. Samples should not have been previously tested, or shipped to a test lab without over-packaging or other consideration.
- **Review the test before performing it.** Check for new sections, order of tests, documentation requirements.
- **Damage/Degradation determination.** Most ISTA protocols call for determining the Product Damage Tolerance and Package Degradation Allowance before the test begins.
- **Check lab status.** If the package is to be Certified by ISTA, the performing lab must have a current laboratory certification, renewable every two years.
- **Perform all tests, at the correct levels and in the correct order.** ISTA® Procedures and Projects do not allow test levels, times, etc. below the stated values, flexibility in the order of performance, nor the elimination of any tests. Over-tests are permitted if desired, however. For example, certification to an ISTA test may be obtained if all requirements of that test were met and in addition, more or higher drops were conducted, the vibration test was run longer or at a higher level, the compression force used was greater, etc.
- **Document results as tests are performed.** Record intermediate results, options selected,

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calculations made and any deviations. Photo, video and drawings are good documentation tools.

- **Do not alter package condition.** In some cases, tests may allow for intermediate inspection of the package or contents. This can only be done if the package and product condition is not changed in any way and if properly documented. Since it is often difficult to determine if condition has been changed, a better approach may be to perform several tests: first test one or more packaged-products, inspecting them as desired to determine intermediate damage. When any issues or problems have been corrected, separately subject one or more new packaged-products to the complete test, without intermediate inspections, to determine pass/fail or for certification.
- **Determine results.** Most procedures require a pass/fail determination. This determination must be made in light of the package and product damage/degradation criteria determined before the test began. Details on how the evaluation was made should be included in the test documentation.
- **Review the test.** Was it the right test? Was it done correctly? Is the documentation complete? Would you understand it and be able to reproduce it two years from now?
- **Finalize.** Distribute documentation. Send report to ISTA for Certification or approval. Make decisions.

## DOCUMENTATION OF TESTS

The following general information is required when completing a Certified Laboratory Test Report:

### ISTA Certified Testing Laboratory Information

- Complete laboratory name and address
- Test Laboratory ID number
- Test Technician who performed the test
- Test Report submitted by: name and signature

### Product Manufacturer/Shipper Information

- Manufacturer/Shipper company name and address
- Test requested by: individual's name
- Manufacturer/Shipper ISTA License Number, if applicable and known

### Third-Party Test Request Information

- Test conducted for: company name and address
- Test requested by: individual's name
- Relationship to the product manufacturer/shipper

### Test Information

- Test Procedure or Project performed
- Date tested
- Number of samples tested
- Number of replicate tests performed
- Test Number(s) assigned by test laboratory, if applicable
- Appropriate details of tests and findings

### Product Description

- Product name, brand, model number, and serial number as appropriate
- Place and date of manufacture
- Photographs, detailed drawings, and/or complete specifications as appropriate

### Package Description

- Description of entire shipping unit
- Type or style of package
- List and details of packaging materials used
- Pallet or skid and unitization method, if applicable
- Method(s) of closure, if applicable
- Photographs, detailed drawings, and/or complete specifications as appropriate

### Packaged-Product Tested

- Gross weight of packaged-product
- External container size in inches (mm or m): Length x Width x Depth (L x W x D)
- A picture or pictures should be included

# Guidelines for Selecting and Using ISTA® Test Procedures & Projects

## Product Damage Tolerance Criteria

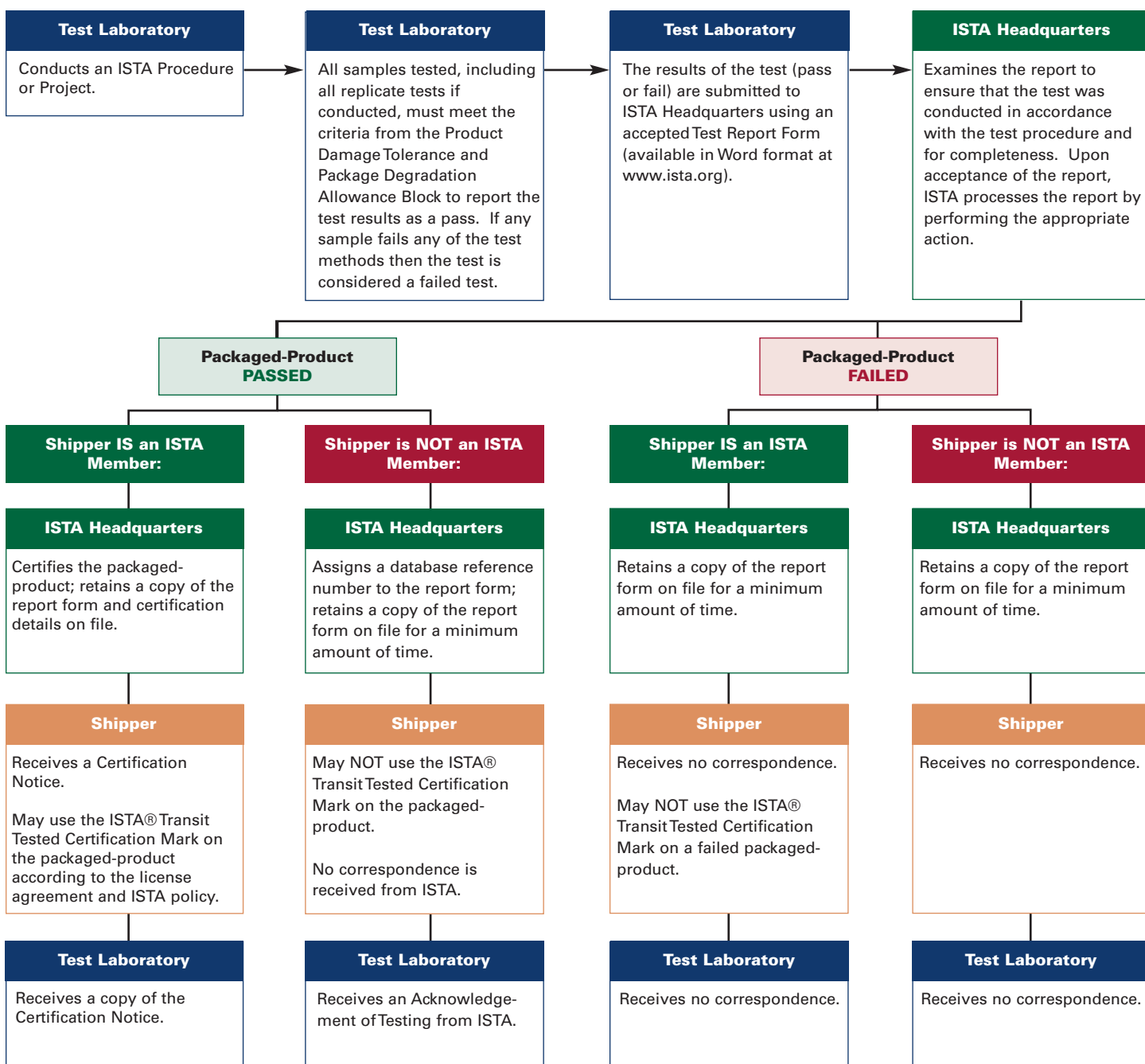
- Definition of product damage tolerance
- Name of person who determined definition of product damage tolerance
- Description of the method of determining product damage

## Package Degradation Allowance Criteria

- Definition of package degradation allowance
- Name of person who determined definition of package degradation allowance
- Description of the method of determining package degradation

Additional required information specific to each test protocol which is required for a Certified Laboratory Test Report may be found in the appropriate Procedure or Project.

## ISTA TEST REPORT PROCESSING



# **Guidelines** for Selecting and Using ISTA® Test Procedures & Projects

## **COMMUNICATION WITH ISTA**

ISTA is very interested in your preshipment performance testing needs and experience. Please let the organization know when you have suggestions, observations or questions.

### **ISTA, Your Alliance in Transport Packaging**

1400 Abbott Road

Suite 160

East Lansing, MI 48823-1900 USA

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***Version date: January 2007***



## TESTS ARE ORGANIZED BY SERIES:

### 1 Series: Non-Simulation Integrity Performance Tests.

Challenge the strength and robustness of the product and package combination. Not designed to simulate environmental occurrences. Useful as screening tests, particularly when used as a consistent benchmark over time.

### 2 Series: Partial Simulation Performance Tests.

Tests with at least one element of 3 Series type general simulation performance test, such as atmospheric conditioning or mode-shaped random vibration, combined with a basic 1 Series type non-simulation integrity test.

### 3 Series: General Simulation Performance Tests.

Designed to provide a laboratory simulation of the damage-producing forces and conditions of transport environments. Applicable across broad sets of circumstances, such as a variety of vehicle types and routes, or a varying number of handling exposures. Characteristics will include simple shaped random vibration, different drop heights applied to the sample package, and/or atmospheric conditioning such as tropical wet or winter/frozen.

### 4 Series: Enhanced Simulation Performance Tests.

General Simulation test with at least one element of Focused Simulation, such as test sequence or condition linked to actual known distribution pattern. Project 4AB, a web-based Enhanced Simulation Performance Test Plan generator, is now available free through 2007 to all ISTA members.

### 5 Series: Focused Simulation Performance Tests.

Designed to provide a laboratory simulation based on actual field-measured hazards and levels. Measured hazards will typically include complex shaped random vibration, multi-tiered drop height distribution, temperature and humidity extremes and/or cycling, and dynamic or static compressive loads.

### 7 Series: Development Tests.

These tests are used in the development of transport packages. They can be used to compare relative performance of two or more container designs, but are not intended to evaluate the protection afforded packaged-products.

## IMPORTANT

Procedures periodically receive corrections or revisions before the publish date of the next Resource Book. Please visit the ISTA® website at [www.ista.org](http://www.ista.org) for the most up-to-date procedures and projects.

Members receive free and complete online access to all Test Procedures.

1A and 3A are also offered in Chinese. Contact ISTA Headquarters to receive these versions.

## ISTA® PROCEDURES AND PROJECTS:

- 1A** Packaged-Products weighing 150 lb (68 kg) or Less
- 1B** Packaged-Products weighing Over 150 lb (68 kg)
- 1C** Extended Testing for Individual Packaged-Products weighing 150 lb (68 kg) or Less
- 1D** Extended Testing for Individual Packaged-Products weighing Over 150 lb (68 kg)
- 1E** Unitized Loads
- 1G** Packaged-Products weighing 150 lb (68 kg) or Less (Random Vibration)
- 1H** Packaged-Products weighing Over 150 lb (68 kg) (Random Vibration)
- 2A** Packaged-Products weighing 150 lb (68 kg) or Less
- 2B** Packaged-Products weighing Over 150 lb (68 kg)
- 2C** Furniture Packages
- 2D** Packaged-Products Considered Flat
- 2E** Packaged-Products Considered Elongated
- 3A** Packaged-Products for Parcel Delivery System Shipment weighing 70kg (150 lb) or Less
- 3E** Unitized Loads of Same Product
- 3F** Packaged Products for Distribution Center to Retail Outlet Shipment, 100 lb (45 kg) or Less
- 3H** Performance Test for Products or Packaged-Products in Mechanically Handled Bulk Transport Containers
- 4AB** Packaged-Products for Shipment in Known Distribution Channels
- 5B** Focused Simulation Guide for Thermal Performance Testing of Temperature Controlled Transport Packaging
- 7A** Project: Open Reusable Transport Containers for Loads of 60 lbs (27 kg) or Less and Unitized for Shipment on a Pallet
- 7B** Closed Reusable Transport Containers for Loads of 150 lb (68 kg) or Less
- 7C** Reusable Intermediate Bulk Containers
- 7D** Thermal Controlled Transport Packaging for Parcel Delivery System Shipment

# Tests Organized by Distribution Mode or Type **Quick Reference**

## Any Distribution Mode and Individual Packages Weighing...

150 lb (68 kg) or Less	Over 150 lb (68 kg)	Basic Requirements
1A	1B	fixed displacement vibration & shock testing
1C	1D	fixed displacement or random vibration, shock testing and compression conditioning (optional atmospheric conditioning)
1G	1H	random vibration and shock testing
2A	2B	atmospheric conditioning, compression, fixed displacement or random vibration, and shock testing

## Small Parcel Delivery Mode and Individual Packages

Test	Package Type	Basic Requirements
3A	70 kg (150 lb) or Less Small, Standard, Flat, Elongated	atmospheric conditioning, shock, and random vibration testing (with & without top loads)
2D	Flat	fixed displacement vibration and shock testing
2E	Elongated	fixed displacement vibration and shock testing

## Any Distribution Mode and Unitized as a Single Load

Test	Package Type	Basic Requirements
1E	Unitized	vertical linear or random vibration and shock
3E	Unitized	atmospheric conditioning, compression, random vibration, and shock testing

## Any Distribution Mode and Reusable Systems

Test	Package Type	Basic Requirements
3H	Mechanically Handled Bulk	atmospheric conditioning, random vibration & shock testing (optional compression testing)

## Other

Test	Package Type	Basic Requirements
2C	Furniture Packages	atmospheric conditioning, top load vibration, and shock testing
3F	Non Unitized DC to Retail 100 lb (45 kg) or Less	atmospheric conditioning, compression, random vibration, and shock testing
5B	Thermal Performance	focused simulation development

## Development Tests

Test	Package Type	Basic Requirements
7A	Open Container 60 lb (27 kg) or Less	compression and shock (optional atmospheric conditioning)
7B	Closed Container 150 lb (68 kg) or Less	fixed displacement and random vibration, shock, compression, atmospheric conditioning
7C	Intermediate Bulk Container	atmospheric conditioning, compression, random vibration, and shock testing
7D	Thermal Performance	atmospheric conditioning (optional vibration conditioning and shock testing)